Hearing health of the elderly in the Basic Attention.

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Abstract
The amount of elderly people who reported having some difficulty hearing according to the last Census in 2010 exceeds 21.6% (9,717,328 individuals). The impact of a hearing loss resulting from the aging process may prevent the elderly from fully exercising their daily living activities, their autonomy, the ability to communicate, it also affects family and social relationships and can lead to isolation. The purpose of this study was to discuss hearing health in the face of aging in Primary Care. It was an action research with quasi-qualitative analysis. The sample consisted of elderly individuals, users of a health center, in the city of Campinas-SP. The instruments used in the research were 3 questionnaires. In addition, the elderly underwent inspection of the external acoustic meatus - meatoscopy and the holding of five group meetings to discuss topics related to hearing. Twelve elderly people participated in the study. The ages ranged from 61 to 78 years old. One subject was referred for auditory evaluation following the flow of the auditory health network of the township and two for removal of wax stopper in the care unit. There was evolution in the medical records of all the subjects who participated in the research. Five 30-minute meetings were proposed and held, with specific themes at each meeting. The questionnaires used enabled the referrals to other services. It was possible to sensitize the family health team about how hearing corroborates the quality of life of the elderly people.

Key words: elderly, primary health care, hearing.

Introduction
The ageing population involves changes in the health of individuals and commitment of biopsychosocial functions1. The amount of elderly people who reported having some difficulty hearing according to the last Census in 2010 exceeds 21.6% (9,717,328 individuals)2. Hearing loss in the elderly, presbycusis, compromise your ability to communicate it also affects family and social relationships and can lead to isolation3. It is up to the speech therapist diagnose environmental problems and detect changes, develop promotional activities and health protection in general [...] organize groups of health prevention and promotion (newborns, elderly, children) [...]4. The speech therapist committed to public health, seeks to qualify their attendances, in your family health teams showing the importance of your performance5. The purpose of this study was to discuss hearing health in the face of aging in Primary Care.

Results and Discussion
It was an action research with quasi-qualitative analysis. The sample consisted of elderly individuals, users of a health center, in the city of Campinas-SP. It was used an album made by the researchers with images of patients with hearing, problems to show to the family team about how hearing corroborates the quality of life of the elderly people. To put examples of day-to-day respondents responded differently and there is greater understanding of the subject.

Conclusions
Was possible guided the subject hearing health in the elderly and there was active participation of these. The questionnaires used enabled the referrals to other services. It was possible to sensitize the family health team about how hearing corroborates the quality of life of the elderly people.

Acknowledgement
I thank the CNPQ for funding that enabled the completion of this research, management and professionals of the basic health unit and the subjects of the search.

References

Rev. trab. Iniciaç. Cient. UNICAMP, Campinas, SP, n.26, p. out. 2018

doi:10.20396/revpibic.v0i0.id